EXECUTIVE SUMMARY

Missouri Mental Health Commission Meeting

Department of Mental Health 1706 East Elm Street—Conference Rooms A/B Jefferson City, MO 65101

November 13, 2008

PRESENT

Phillip McClendon, Chair Beth Viviano, Secretary Ron Dittemore

Patricia Bolster, M.D.

Kathy Carter

David Vlach, M.D.

Joann Leykam

STAFF

Keith Schafer, Department Director

Lynn Carter, Deputy Director

Mark Stringer, Division Director, ADA

Felix Vincenz, CEO, CPS

Dr. Joe Parks, Division Director, CPS

Tec Chapman, Division of DD Monica Hoy, Director's Office Bob Bax, Director's Office Brent McGinty, Administration

Jan Heckemeyer, DMH Administration

Pam Leyhe, Director's Office Audrey Hancock, Director's Office Cathy Welch, Director's Office Rikki Wright, General Counsel

GUESTS

Dottie Mullikin, Office of Transformation

Rhonda Haake, ITSD Christy Lundy, ADA

Vickie Epple, Transformation Debbie McBaine, Division of ADA

Jodi Haupt, Division of ADA

Angie Stuckenschneider, Division of ADA

Laurie Epple, Division of ADA Sharon Aldrich, Office of Child MH

Tish Thomas, CPS/DD Andrew Selders, CPS

Judy Finnegan, Office of Child MH

Liz Hagar-Mace, Housing Robin Rust, Division of DD Jeff Grosvenor, Division of DD Kay Green, Division of DD

Susan Pritchard-Green, MO Planning Council for DD

Molly Boeckmann, OA Budget & Planning

Martha Davis, Senate Appropriations

Tim Swinfard, MO CMHC

Jhan Hurn, Community Support Services

Greg Kramer, MARF, St. Louis Erica Stephens, MO P & A Peg Capo, DD Resource Board

Erica Leonard, MARF Joyce Prage, PLB

Ann Mattingly, Bristol Myers-Squibb Pam Guiling, Senate Appropriations

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	Phillip McClendon called the Missouri Mental Health Commission Meeting to order at 9:45 a.m. on November 13, 2008. The meeting was held at Department of Mental Health, Conference Room B, 1706 East Elm Street, Jefferson City, Missouri. Introductions were made.
APPROVAL OF MINUTES	• Joann Leykam made a motion to approve the Minutes of the October 9, 2008 Mental Health Commission Meeting. Ron Dittemore seconded the motion and the Minutes were approved.
OPEN DISCUSSION	• Monica Hoy gave a report on the Consumer/Family Leadership Summit held at the St. Patrick Center in St. Louis on November 5-6, 2008. It was considered by all to be a very productive time, with good discussions among the various groups of representatives. Plans are being discussed for a more comprehensive conference next year.
	• Kathy Carter shared that she, Phillip McClendon, and Patricia Bolster met with gubernatorial candidate Kenny Hulshof on October 23, 2008, to review the briefing paper developed by the Commission.
MENTAL HEALTH CHAMPIONS UPDATE	Bob Bax introduced Debra Walker who is the Assistant Director in the Office of Public Affairs and is the new Executive Director of the Missouri Mental Health Foundation (MMHF). Debra explained some recent MMHF activities. • The MMHF is now officially registered as a 501C-3 not-for-profit organization.
	• The Mental Health Champions Banquet is set for April 15, 2009. They have received 45 nominations for Champions this year. Some of those who will be honored at next year's Banquet are former Governor and First Lady, Warren and Betty Hearnes, and the late Dr. Elmer Jackson. The Director's Creativity Showcase will be held at the Banquet, then will be shown at different sites around the state.
	Debra played two Public Service Announcement videos that were created to be aired on television and radio stations that highlight success stories of people with psychiatric illness and developmental disabilities.
	• Keith commended Joann Leykam for her help in the formation of the Foundation and its 501C-3 status.
	• The MMHF will have a seven member Board of Directors. Keith recommended and it was the consensus of the Commission that Kathy Carter be appointed as one of those Board members.
DMH PERFORMANCE	Representatives from the Divisions of Alcohol and Drug Abuse (ADA), Comprehensive Psychiatric Services (CPS), and Developmental Disabilities (DD) reviewed and discussion was held on the DMH Performance Measures document:
MEASURES	Abuse and Neglect Investigations • Neglect II may now need to be charted separately on the Community Abuse and Neglect chart. Neglect II is now

TOPIC/ISSUE	DISCUSSION
	 Employee Misconduct on the Habilitation Chart. There was discussion on whether this change be made retroactively to the beginning of the quarterly performance reports, or should be footnoted prominently and change effective with the next dataset. It was noted that Neglect II and Employee Misconduct are not equivalents. Rikki Wright will advise the group, given the CSR change related to this issue. There was discussion related to the CPS Abuse and Neglect Investigations chart. Concern was expressed about using two different standards (1,000 Inpatient Days versus 100 Consumers) and being able to make comparisons between Inpatient and Community. It was explained that the norm for CPS Inpatient is ORYX. This will be footnoted on future charts.
	 Consumer Injuries There was discussion on the use of different standards in counting injuries. It was again noted that the ORYX standard is used in counting Inpatient injuries. It was suggested that both the numbers of injuries and an unduplicated count of consumers involved be used to determine if a small number of consumers account for large numbers of injuries.
	 Deaths There was discussion on the differences in tracking mortality rates by crude versus age adjusted. It was suggested to add a line on the chart for the mortality rates, both crude and age adjusted, for the general population, in order to communicate a visual more clearly. There was discussion related to Division of DD consumer deaths. It was suggested that the number of "expected" deaths be broken out in detail below the chart and perhaps show as a separate column above.
	 <u>Division of Developmental Disabilities</u> DD Habilitation Centers Consumers with Behavior Support Programs – there was discussion on adding a row of information in the table below that would reflect the total number of Habilitation Center beds.
	 Division of Alcohol and Drug Abuse There was discussion on the ADA access to recovery charts and possibly adding a footnote to advise that this data is based on self report.
CONSUMER/	Dr. Joe Parks introduced Rosie Anderson-Harper who gave a report on the Consumer/Family Monitors:
FAMILY MONITORS	• New in 2008, the Division of Comprehensive Psychiatric Services State Advisory Council (CPS/SAC) consumer/family members were full team members for certification surveys of the community mental health centers. These reviews evaluate the quality of care from a consumer/family perspective.
	• The CPS/SAC made formal recommendations to Dr. Joe Parks, Division Director, for consumers and family members to be involved in the contracted community agency certification process. The recommendation included:

TOPIC/ISSUE	DISCUSSION
	 Community Based Monitoring Committee Vision, Mission and Goals Community Based Monitoring Committee Recommendations Consumer Monitors for Certification Visits Employee Considerations Job Description Consumer Surveyor/Consumer Monitor Memorandum of Understanding (Agreement Between Missouri Department of Mental Health and Hourly or Intermittent Employee Assigned to Certification) Consumer Monitors for Certification Visits Estimated Budget
	• The Division Director approved the recommendations. CPS/SAC proceeded to develop a survey tool with interview questions and training curriculum for consumer monitors. Three agencies have received certification surveys in 2008 with the consumer/family monitors. The feedback has been positive from both service providers and monitors. CPS will continue to have a consumer/family monitor as a member of the certification team. Additional consumer and family monitors will be hired and trained.
	• In a certification survey follow-up call with Del Camp, Clinical Director at Ozark Center, he was very positive about the experience. He appreciated the Consumer/Family Monitors willingness to be involved in the certification process and reported it was good to hear their positive feedback regarding what Ozark Center does well. He stated Robert Qualls immediately blended in at the Psychosocial Rehabilitation (PSR) program and was unobtrusive. He liked that the Monitors were not "looking for the bad" or from the "gotcha" school of thinking. He reported the Monitors delivered the recommendations well and that Ozark Center is motivated to make changes in the PSR based on the comments of what Robert observed. With Donna Lay's feedback of the Child & Family services, he stated it was confirmation of what Ozark Center is doing well. Del Camp had no recommendations for improvement and reported the Consumer/Family Monitors feedback was valuable.
PUBLIC COMMENT	There were no public comments.
CLOSED EXECUTIVE SESSION	Dr. David Vlach made a motion that the Mental Health Commission go into Closed Executive Session in accordance with Section 610.021 RSMo, (1) Legal, and (3), Personnel. Ron Dittemore seconded and a roll call was taken. The motion unanimously passed.
DMH STRATEGIC PLAN	• Mark Stringer, Director of the Division of Alcohol and Drug Abuse, gave a background of the process of updating the DMH Strategic Plan. He introduced Debbie McBaine of that Division who explained her work with all the Divisions and noted some changes to the Strategic Plan since the last update.
	• Mark noted the draft document entitled, "The Burden of Substance Abuse on the State of Missouri" that was created in response to a request from Representative Rod Jetton. That document will be used in budget presentations this year.
	• The three Divisions will be placed on the agendas for the next three Commission meetings to give a more in-depth

TOPIC/ISSUE	DISCUSSION
	presentation on their section of the Strategic Plan. The Division of DD will present at the December 2008 meeting, the Division of CPS will present at the January 2009 meeting, and the Division of ADA will present at the February 2009 meeting.
	• The Office of Child Mental Health will also be given time on the agenda at the December meeting.
COMMITTEE REPORTS	 The Budget Development Committee requested a joint meeting with the Children and Adolescent and Community Transition committees regarding fiscal budget projections and outlook for the remaining FY 09 and FY 10 budget requests. Jan Heckemeyer and Brent McGinty presented three scenarios concerning general revenue forecasts. Explanation was given on mandatory and discretionary requests. Comments were made on possible withholdings or budget cuts depending on actual revenues. There was consensus that safety is the top priority when dealing with revenue shortfalls or budget cuts and the need to look at individual programs and priorities versus across the board cuts and withholdings. Difficult decisions will have to be made given the budget forecast for FY 09 and FY 10. The department will be engaged in discussions with the Transition Team on budget issues over the next month. Governor-elect Jay Nixon named Senator Wayne Goode as Deputy Transition Director for Budget Review.
FUTURE MEETINGS	The next Mental Health Commission Meeting is scheduled for December 11, 2008 at Department of Mental Health in Jefferson City.
ADJOURN	The Mental Health Commission adjourned at 2:00 p.m.
	Phillip McClendon, Chair